

# HIGHLAND GAMES TEAM BUILDING EVENTS

There are two types of people in this world, those who have tossed a caber and those who haven't!

**DON'T WAIT TO BECOME PART OF THE CABER CLUB! YOU DON'T HAVE TO BE SUPERMAN TO TRY IT.**

Come throw sticks and stones and give gravity a run for its money with your team. Be part of Scotland's cultural heritage and most of all, have fun!

These confidence-boosting team building events are individually tailored to your needs and include:

- **Introduction to Highland Games Heavy Events**
- **Delivered by a University Lecturer in Sport**

No prior experience necessary, just turn up.  
We're able to suit a full range of abilities.

We can cater for a full range of groups including but not limited to:

- **School groups**
- **Birthday parties**
- **Corporate staff team building**
- **Stag or hen parties**
- **Sports teams**
- **Maths geeks**
- **Giraffe enthusiasts**
- **Anyone!**

For more information and how to contact us visit:

[www.highlandgamesacademyscotland.co.uk](http://www.highlandgamesacademyscotland.co.uk)