



HIGHLAND GAMES
ACADEMY
SCOTLAND

HIGHLAND GAMES TEAM BUILDING EVENTS

There are two types of people in this world, those who have tossed a caber and those who haven't!

DON'T WAIT TO BECOME PART OF THE CABER CLUB! YOU DON'T HAVE TO BE SUPERMAN TO TRY IT.

Come throw sticks and stones and give gravity a run for its money with your team. Be part of Scotland's cultural heritage and most of all, have fun!

These confidence-boosting team building events are individually tailored to your needs and include:

- **Introduction to Highland Games Heavy Events**
- **Delivered by a University Lecturer in Sport**

No prior experience necessary, just turn up.
We're able to suit a full range of abilities.

We can cater for a full range of groups including but not limited to:

- **School groups**
- **Birthday parties**
- **Corporate staff team building**
- **Stag or hen parties**
- **Sports teams**
- **Maths geeks**
- **Giraffe enthusiasts**
- **Anyone!**

For more information and how to contact us visit:

www.highlandgamesacademyscotland.co.uk